

Aesthetic Fellows Breakout

Thursday, March 20, 2025 – 2:45pm – 6:00pm

Austin Convention Center – Room 11A, Level 4

Chair: M. Bradley Calobrace, MD • Vice Chair: James Zins, MD

2:45pm – 2:55pm

Welcome

M. Bradley Calobrace, MD

Round 1 of Paper Presentations – Eyes & Face

2:55pm – 3:00pm

Adjunct Perioral Phenol-Croton Oil Peel Shortens Philtral Length in Patients Undergoing Primary Facelift

Pierce Janssen, MD

3:00pm – 3:05pm

Are We Contributing to the Death of the SMAS?

Amanda Rowe, MD

3:05pm – 3:10pm

Extended Gliding Brow Lift: An Effective Solution for Brow and Periorbital Rejuvenation

Cagri Cakmakoglu, MD

3:10pm – 3:15pm

Q&A

3:15pm – 3:20pm

Modified Tuckster Suture Technique: Safe, Reliable, Reproducible and Teachable

Leela Mundra, MD

3:20pm – 3:25pm

Beyond the Deep Plane: The Hybrid Smaslift - Maximizing Safety and Effectiveness

Russell Frautschi, MD

3:25pm – 3:30pm

Microcoring Technology: Our Experience

Justin Webb, MD

3:30pm – 3:35pm

Q&A

Round 2 of Paper Presentations – Practice Management & Marketing

3:35pm – 3:40pm

Cost Savings Associated with the Use of Tapered Needles in Abdominoplasties

Ashley Jordan, MD

3:40pm – 3:45pm **The Art of Attraction: Building Patient Volume for an Independent Fellow Clinic in Year One**
Paige Goote, MD

3:45pm – 3:50pm Q&A

Round 3 of Paper Presentations – Breast

3:50pm – 3:55pm **Novel Internal Vertical Mastopexy Technique Utilizing a Periareolar Incision**
Ariel Toomey, DO

3:55pm – 4:00pm **Enhancing Preoperative Markings for Aesthetic Breast Surgery: A Reliable Technique for Symmetry in Mastopexy and Reduction Mammoplasty**
Abby Threet, MD

4:00pm – 4:05pm **Early Clinical Experience and Evolving Techniques with the Use of Poly-4-Hydroxybutyrate (P4HB) in Aesthetic Breast Surgery**
Tracey Cook, MD

4:05pm – 4:10pm Q&A

4:10pm – 4:15pm **Head-to-Head Comparison of Silicone Implants: Video Insights from Gel-Shell Peel, Shell-Shell Interaction, and Gel Shell Deformation**
Shikhar Tomur, MD

4:15pm – 4:20pm **Mesh Use in Aesthetic Breast Surgery: Different Strokes for Different Folks**
Alexander Nixon, MD

4:20pm – 4:25pm **Endoscopic Applications in Aesthetic Breast Surgery**
Michael Romanelli, MD

4:25pm – 4:30pm Q&A

Round 4 of Paper Presentations – Rhinoplasty

4:30pm – 4:35pm **Asian Ideals of the Nose: A Conjoint Analysis**
David Nguyen, MD

4:35pm – 4:40pm **Nasal Tip Stability without Contour Irregularities: The Mastoid Fascia Hybrid Graft**
Kylie Edinger, MD

4:40pm – 4:45pm **Use of Fat Transfer to Augment Rhinoplasty Results**
Hillary Jenny, MD, MPH

4:45pm – 4:50pm Q&A

Round 5 of Paper Presentations – Patient Safety

4:50pm – 4:55pm **An Alternative Recipient Vessel for Free Flap Phalloplasty**
Ahmet Demir, MD

4:55pm – 5:00pm **The Effect of BMI on Breast and Body Contouring Outcomes**
Xiao Zhu, MD

5:00pm – 5:05pm **Tranexamic Acid: Is It As Safe As We Think?**
Jaime Bernstein, MD

5:05pm – 5:10pm Q&A

Round 6 of Paper Presentations – Body Contouring & Cosmetic Medicine

5:10pm – 5:15pm **The Application of Hemostatic Net Suturing for Epigastric Skin Laxity**
Brian Wong Won, MD

5:15pm – 5:20pm **Bpc-157 Peptide Therapy and Its Effect on Post-Operative Healing Following Abdominoplasty**
Paige Benyamein, MD

5:20pm – 5:25pm Q&A

6:00pm – 7:00pm **Awards and Reception**